Amplifying equitable access to oral and injectable PrEP through community pharmacies

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Overview

- Long-acting injectable PrEP for HIV prevention
- 2 Legislative context for PrEP in California
- Findings of the 2022 California Pharmacist Study
- Aims of the 2025 California Pharmacist Study
- **5** Discussion & feedback

HIV Pre-Exposure Prophylaxis (PrEP)

- **Daily oral PrEP** medications have been available in the U.S. since 2012 (e.g., Truvada) and are effective for HIV prevention with consistent use.^{1–2}
- PrEP uptake and continuation are hindered by inequities in healthcare access and other barriers.²
- Many current and potential PrEP users would prefer to use long-acting injectable PrEP,³⁻⁴ which may reduce adherence challenges and perceived stigma compared to oral PrEP.



USPSTF, JAMA, 2023; ²Sullivan, AJMC, 2024; ³John, AIDS Behav, 2017; ⁴Gordon, Qual Health Res, 2025

Long-acting injectable PrEP (LAI PrEP)

Cabotegravir (CAB-LA):

- Administered as an intramuscular injection in the ventrogluteal muscle every 2 months
- Received FDA approval in 2021¹

Lenacapavir (LEN for PrEP):

- Administered as a subcutaneous injection in the abdomen every 6 months
- Gilead applied for FDA approval in late 2024² after phase 3 trials demonstrated high efficacy and superiority to oral PrEP³⁻⁴



¹FDA, 2021; ²Gilead, 2024; ³Bekker, NEJM, 2024; ⁴Kelley, NEJM, 2024 (image by Vectorportal.com, CC BV)

Legislative context for PrEP in California



Senate Bill 159 (2019):

- Enabled pharmacists to furnish PrEP for up to 60 days
- Implementation became possible in late 2020 with launch of the required training program

Senate Bill 339 (2024):

- Expands time limits for pharmacist-initiated PrEP to 90 days and beyond under certain conditions
- Expands drugs to include those recommended by the CDC

The 2022 California Pharmacist Study



- Online survey of 919 pharmacists and pharmacy students in fall 2022, primarily recruited via CPhA and CSHP listservs
- Despite supportive attitudes about PrEP provision, only 11% reported that their pharmacy offered PrEP under SB 159.¹
- Many reported being willing to provide LAI PrEP under enabling conditions.²

1 Hunter, OFID, 2023; 2 Beltran, JAIDS, 2024 → For more: californiapharmaciststudy.com/publications

The 2025 California Pharmacist Study

Aim 1. Describe trends in pharmacy-based access to oral and LAI PrEP in California pharmacies and identify high-priority areas where PrEP access via pharmacies is limited.

- Statewide representative cross-sectional survey of 1,000 community pharmacies in California in 2025:
 - → "Mystery client" pharmacy phone survey to quantify uptake of pharmacist-initiated oral and LAI PrEP delivery
 - → Individual surveys (phone or online) with pharmacists, pharmacist managers, and/or pharmacy owners at sampled pharmacies to uncover barriers to and facilitators of PrEP provision

The 2025 California Pharmacist Study

Aim 2. Reveal implementation opportunities and needs of pharmacists and PrEP users in anticipation of LEN for PrEP rollout.

- Discrete choice experiment (DCE) with ~500 pharmacists, pharmacist managers, and/or pharmacy owners to elicit preferences for LAI PrEP implementation
- **Key informant interviews** with 10 pharmacists and 10 people who could benefit from PrEP to contextualize survey and DCE data

Feedback & Discussion

 In the 2022 survey, lack of reimbursement/ funding for PrEP services emerged as a critical barrier to implementation.

What should be measured in 2025 to:

- → Shed light on progress or persistent implementation barriers?
- → Inform targeted implementation to address disparities in access?
- → Advance policy discussions?
- · Audiences to prioritize for dissemination



Thank you!

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